

The Twelfth Sunday after Pentecost: Proper 15

August 15, 2021

Holy Communion

Opening Hymn

L109



1. What a friend we have in Je - sus, All our sins and griefs to bear!
2. Have we tri - als and temp - ta - tions? Is there trou - ble an - y - where?
3. Are we weak and heav - y lad - en, Cum - bered with a load of care?



1. What a priv - i - lege to car - ry Ev - 'ry - thing to God in prayer!
2. We should nev - er be dis - cour - aged, Take it to the Lord in prayer.
3. Pre - cious Sav - ior, still our ref - uge, Take it to the Lord in prayer.



1. Oh, what peace we of - ten for - feit, Oh, what need - less pain we bear,
2. Can we find a friend so faith - ful who will all our sor - rows share?
3. Do thy friends de - spise, for - sake thee? Take it to the Lord in prayer.



1. All be - cause we do not car - ry Ev - 'ry - thing to God in prayer!
2. Je - sus knows our ev - 'ry weak - ness, Take it to the Lord in prayer.
3. In his arms He'll take and shield thee, Thou wilt find a sol - ace there.



Words: Joseph Scriven (1819–1866)

Music: Charles C. Converse (1832–1918)

The Collect

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Reading from the Book of Proverbs

Proverbs 9:1-6

Wisdom has built her house,
she has hewn her seven pillars.
She has slaughtered her animals, she has mixed her wine,
she has also set her table.
She has sent out her servant-girls, she calls
from the highest places in the town,
“You that are simple, turn in here!”
To those without sense she says,
“Come, eat of my bread
and drink of the wine I have mixed.
Lay aside immaturity, and live,
and walk in the way of insight.”

Reader: The Word of the Lord.

People: Thanks be to God.

The Psalm appointed for today is Psalm 34:9-14

Please join me in saying it in unison

9 Fear the Lord, you that are his saints, *

for those who fear him lack nothing.

10 The young lions lack and suffer hunger, *

but those who seek the Lord lack nothing that is good.

11 Come, children, and listen to me; *

I will teach you the fear of the Lord.

12 Who among you loves life *

and desires long life to enjoy prosperity?

13 Keep your tongue from evil-speaking *

and your lips from lying words.

***14 Turn from evil and do good; *
seek peace and pursue it.***

**A Reading from the Letter of Paul to the Ephesians
Ephesians 5:15-20**

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader: The Word of the Lord. ***People: Thanks be to God.***

The Gospel

John 6:51-58

Priest: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Priest: The Gospel of the Lord. ***People: Praise to you, Lord Christ.***

Offertory Hymn

L201

1. I've got peace like a riv - er, I've got peace like a
2. I've got joy like a foun - tain, I've got joy like a
3. I've got love like an o - cean, I've got love like an

1. riv - er, I've got peace like a riv - er in my
2. foun - tain, I've got joy like a foun - tain in my
3. o - cean, I've got love like an o - cean in my

1. soul; I've got riv - er in my soul.
2. soul; I've got foun - tain in my soul.
3. soul; I've got o - cean in my soul.

Words: Traditional
Music: Negro Spiritual

Closing Hymn

L228

1. When Is - rael was in E - gypt's land, let my peo-ple go;
 2. The Lord told Mo - ses what to do, let my peo-ple go;
 3. They jour - neyed on at his com-mand, let my peo-ple go;
 4. Oh, let us all from bond - age flee, let my peo-ple go;

1. op - pressed so hard they— could not stand, let my peo-ple go.
 2. to lead the chil - dren of Is - rael through, let my peo-ple go.
 3. and come at length to— Ca-naan's land, let my peo-ple go.
 4. and let us all in— Christ be free, let my peo-ple go.

Go down,— Mo - ses, way down in E - gypt's land;—

tell old Pha - raoh to let my peo-ple go.

Words: Traditional

Music: Negro Spiritual; arr. Horace Clarence Boyer (b. 1935), © 1992 Horace Clarence Boyer.
 ALL RIGHTS RESERVED.

*Permission to reprint and podcast / stream the music in this service obtained from
ONE LICENSE, License #A-715397. All rights reserved.*

Presider: The Rev. Lori Walton, Rector

Preacher: The Rev. Bill Hale, Assisting Priest

Mailing Address:

PO Box 457

Fremont, CA 94537-0457

Office tel: (510) 797-1492

Website: www.saintj.com