



The Window

The Newsletter of St. James' Episcopal Church in Fremont, CA

In Celebration of Our Graduates Single Service Sunday June 8 at 10 a.m.

On Sunday, June 8 there will only be one 10 a.m. service in the big church. This will give the entire congregation the opportunity to come together and to celebrate all the members of St. James' who will be participating in graduations and to recognize our children's choir members and Godly Play children as well.

Join us for what should be a wonderful festive day with a special coffee hour in honor of the graduates to follow. If you have a graduate in your family and have not yet let Penny Trant, Jan Scrutton, or Sylvia Sweeney know, please do so right away. We want to make sure all are included in our celebration!

Sylvia Sweeney

Special Convention Report

On May 10th your clergy and delegates met at Grace Cathedral in special convention to consider the results of the Beloved Community Visioning Process and to discuss and vote on proposed changes to the canons. A resolution adopting the recommendations contained in the report of the Beloved Community visioning process and committing the diocese to work in the five identified areas was then discussed and voted on. The amended resolution passed by voice vote.

The central proposed change to the canons is to create a new Executive Council that would be the board of directors and council of the Diocesan Corporation. Other proposed changes to the canons seek to make governance of the diocese transparent and accountable, in keeping with the vision of the beloved community. This includes simplifying the legal structure of the diocese by merging the Corporation Sole, the legal entity by which the bishop holds property, with the Diocesan Corporation, the legal entity by which the diocese transacts non-ecclesiastical business. Several amendments were passed by card vote before the special convention voted to pass the recommended changes onto the October Convention.

At the end of the meeting, Bishop Andrus introduced the Rt. Rev. Steven Charleston, who will serve the diocese as assistant bishop and full the new position of ethnic and multicultural missionary.

Ralph Locher, Lay Delegate

How Can You Help Fund St. James For Years to Come? Endow!

Current Gift to the Endowment Fund: Donations to St. James' Endowment Fund can be made at any time for a Memorial, a Thanksgiving, or the celebration of a Special Event in your life. Just note 'Endowment Fund' on the Memo Line of your check along with the name of the event you are commemorating. This money will go into the General Endowment Account, where only the Interest will be spent, and the Principal will remain in perpetuity.

If you want your gift to go to the upkeep of the Little Church, or to the Memorial Garden, specify that on the Memo Line and that's how the funds will be used. It takes \$15,000 to set up a new account, but these two accounts are already established and so can accept any amount.

Writing a New Will: Include a gift to the Endowment Fund of St. James' Episcopal Church, Fremont, CA.

An Existing Will: If you have an existing will that leaves money to St. James' and you wish it to go to the Endowment Fund, you need to write a **Letter of Intent** stating exactly what is to go to the Endowment Fund. Address it to the Rector and the Vestry of St. James' Episcopal Church, Fremont. Attach one copy to your Will and provide a second, sealed copy to the church marked "To be opened at my death."

Since only the interest will be available for annual use, your gift will provide a legacy for future generations of St. James' parishioners.

If you have any questions, speak to any member of the Endowment Board.

Betty McCoy

Tales from Valladolid – Part 2*

By Tuesday morning of the first week, a routine was set.



Dr. Michael Peterson at work.

We were up at 6:00 a.m. (usually earlier thanks to the local roosters), dressed in our scrubs and on our way on foot to the meeting hall for breakfast and then off to our assignments. Each day we arrived at the Red Cross and were greeted by a crowd of people, who probably had been up and on the road, many on foot, way before 6 a.m.

The Mayan people have a variety of hearing problems due to their way of life. They live in small isolated farm communities outside of the cities and sleep in grass-thatched-roof huts. The children sleep on woven mats on the floor and



Hearing Test.

many adults sleep in hammocks hanging along the sides. There is no preventative health care or health education for families. So a child sleeping on a grass mat on the floor is easily susceptible to

creepy crawly things finding their way into small, warm ear canals. This often causes ear infections, which the child is obliged to ride out because of lack of care. We often heard stories of bugs getting into ears and the host recognizing the situation by the sound of the insect activity in the ear! Not knowing how to get them out, they often used objects that just pushed them deeper inside, sometimes but not always killing them immediately or causing damage to the eardrum. Most realized that eventually, as the insects died, the buzzing or humming died with them.

Sleeping in hammocks does not protect you from this, but there are fewer insects crawling down from above. Another health issue is the configuration of the small communities. Most are comprised of biologically related families, so when you get old enough to marry, it is usually to a cousin. This has resulted in medical problems directly related to the predominance of recessive genes, such as, cleft palate and/or lip, cauliflower ear, and deviated septum. Those are just the ones we saw. I'm sure the hospital saw more!

The sense of gratitude these people have can be overwhelming. I had just finished a test on an eleven year old girl and told the interpreter she could put her earrings back in, when the child reached out and took my hand and put her little earrings into it. "I want her to have them." she told the interpreter. I protested and said she did not need to give me her earrings, that there was no cost for her care that day. She then said this American clinic had done much for her over the



Johanne LaRocque comforting patient post-op.

past five years and she had a deep desire to thank us but did not know how. Before we came, she had very little hearing and lots of fevers. Now, due to cleaning and placement of tubes in her ears, her hearing was much improved and with it her speech and language. She saw that I had pierced ears but no earrings in them and she knew that she was going to give me her earrings to fill my holes.

She and many like her filled holes in my heart I wasn't even aware existed. I got to witness the joy in peoples faces

when all or partial hearing was restored, either with surgery or hearing aids, like the older man (age 72) who hadn't heard much in years. After I had fitted him with a hearing aid, he started nodding vigorously and stating, "si, claro!" with tears in his eyes while his daughter spoke to him. It was the motivation to keeping the machine running!



Cleft palate baby

I have many stories, some sad, but most joyful. The sad ones are the people we could do nothing for, those children whose hearing loss was congenital and no hearing aid would help them. Mike has similar stories from the hospital. These people all look forward to the last two weeks in February when the clinic swoops in and these American doctors and their helpers work from 8:00 a.m. to 6:00 p.m. (often up till 7:30 p.m.) to give as many people as they can a chance at an improved quality of life. They are stoic, getting up slowly, after

continued on page 2)

Stewardship Corner

What are we Teaching our Children?

I recently had the opportunity to give input on a new coloring/activity book for children on stewardship. My favorite page allowed the child to identify items as “wants or needs.” I believe that being able to recognize whether a purchase is a want or a need is essential for us as adults and should be shared with our children. I have often heard my children and now my grandchildren say they ‘need’ something that they can do without just fine. The management of money is a difficult task for most people. What makes it easier for me is to constantly remind myself that I should focus on my needs and give into my wants only if my needs are met and if my wants enrich my life. Most of us have adequate income to meet our needs for shelter, food, clothes and medical care. When we compare our standard of living with much of the world we realize how generous God has been.

Our children and grandchildren also need to realize how good their lives are. They may not have a grand bedroom suite with a walk-in closet but they are not living in a one room hut with a dirt floor. They may not have designer clothes but they are not wearing rags for clothes. They may not have a car of their own but the family has a car for transportation. The list goes on and on. We as adults need to demonstrate our thankfulness for what we have and we need to help our children be thankful for what they have.

Part of being thankful for what we have is being generous towards others who do not have. This is why I support the Millennium Development Goals through Episcopal Relief and Development. This is just one of many organizations that I support out of gratitude for all that I have. For this past Mothers Day, I asked my children to give to one of these organizations instead of buying me a gift. I hope this will start them thinking about others.

Lynn Locher
Stewardship Chair

Information for Seniors & Those Who Care For Them

Valuable Web Sites:

➤ NIH Senior Health <www.nihseniorhealth.gov>: Provides up-to-date information on a variety of health topics, including arthritis, depression, hearing loss, osteoporosis and exercise for older adults.

➤ SENIOR HOUSING FINDER: <www.alz.org/we_can_help_senior_housing_finder.asp>: This free on-line tool includes listings for more than 65,000 nursing homes, assisted-living facilities, residential care homes and other senior housing options nationwide. The information is self reported by the facilities and does not imply endorsement by either group.

➤ CARE FINDER <www.alz.org/carefinder/index.asp>: This lets families determine what type of care is best.

➤ LOTSAHELPINGHANDS <www.lotsahelpinghands.com>: This on-line service helps families caring for an aging loved one to organize and communicate with other family members, friends and neighbors. It's a private group calendar, specifically designed for coordinating visits or help with meals delivery, rides, and other tasks.

(Source: *Nursing Spectrum*, May 5, 2008)

Medical Alert Service

Lynn Locher has Free Activation Coupons worth \$80.00 for Philips Lifeline Medical Alert Service. Contact her at 792-2248 for more information.

Community Resources

Lynn Locher has a file of community health care resources from her 10 years of experience doing Discharge Planning at Washington Hospital. Feel free to contact Lynn if you have questions concerning Skilled Nursing, Board and Care Facilities, Assisted Living, Home Health Care and Attendant Care.

Tales from Valladolid – Part 2

(continued from page 3)

recovering from anesthesia and walking out either to a taxi or on foot, home to heal from the surgery. Many of them had surgeries that in the US they would at least get one night in the hospital! They do not demand, complain or criticize, but are gracious and grateful instead.

I talk about the American doctors but there were also a few Mexican doctors from Monterey, Mexico. As the program has grown and developed, Dr. Roberto Rodriguez, the Mexican physician who, in partnership with an American doctor, started IMA, has recruited a few Mexican physicians: one surgeon and two anesthesiologists, who use their vacation times to come and help out. It is becoming more of a coordinated effort between physicians from both countries and we all return home with a new family of friends!

Johanne LaRocque

Editor's Note: Part 1 of Tales appeared in the May issue of *The Window* on page 6.
See also: <http://www.saintj.com/window/window200805.pdf>

Graduates 2008

It's the end of another school year, and once again I had an opportunity to visit with one of our honored graduates. Stephanie Casas has been attending St. James' all her life, and many of us have been privileged to be present as



she has grown from a little girl into a fine young lady. Now she is about to graduate from American High School and go on to new adventures at San Jose State University. Before she moves on, though, she reflected back on her time at St James'.

Stephanie's favorite times at St James' include serving and eating at the pancake suppers, as well as collecting food for Thanksgiving dinners for the needy. While collecting food, she remembers that even though it was all for the same good cause, the

kids in each car had a friendly competition to get more food than those in the other cars. Stephanie also mentioned 'Tuesdays in the Park' when lots of people would gather at Central Park for an evening picnic along with games of pickle, baseball, Frisbee, and whatever else we could think up. More than just having fun, Stephanie also serves at St James'. She has been an acolyte the past 8 years, and has baby-sat when needed. She attended Sunday School and was part of the Youth Group.

Stephanie will head to San Jose State in the fall, and is not sure what direction it will lead her. She enters college majoring in Business Administration, but looks forward to exploring her options. Right now the ideas are teaching, psychology, or perhaps marketing, but she really is open to whatever may come along.

Congratulations Stephanie and all the graduates, and we look forward to following your growth as you all discover your places in the wide, wide world. Please keep in touch with your family here at St James'. We care about you very much! May God Bless you and be with you wherever you go.

Laura Winter

Summer Camping Trip Back to Emerald Bay

All the campers had such a good time at this State Park last year so... we are going back this year. The St. James' camping trip dates are Aug 14-17 at Emerald Bay State Park up in Tahoe. Activities include hiking, fishing, boating, horseback riding, mountain bike riding and for those over the age of 21, there is gambling.

We have 2 sites for 4 nights and 2 sites for 2 nights but there are only a limited number of spaces, so please sign up. Sign up sheet will be in the Parish Hall. If you have any questions, please contact Chris Perry 510-441-2236 or email at flyrod46@comcast.net.

Chris Perry

Ducks for Bucks Benefit Race

We would like to THANK YOU all for your support of this Benefit race. The final recap shows that St. James' purchased a total of 299 ducks in the Ducks for Bucks Benefit Race. These ducks earned our general fund \$946, which was presented in to vestry in a ceremonial check presentation on Sunday May, 18th. Also this year, we actually had a parishioner win the 7th place prize of \$500. Great job everyone!!

Thank you again for supporting the Ducks for Bucks benefit race, and we look forward to your continued support of this benefit race next year.

Brad Hoffman, 2008 Head Duck

A Successful Shell Society Luncheon

The Endowment Board hosted a luncheon for members of St. James' Shell Society on April 27. The grilled chicken salad and the lemon dessert were wonderful. We enjoyed the fellowship during lunch and the talk afterwards.

Bishop Marc Andrus couldn't make it for lunch but came in the afternoon and updated us on the happenings in our diocese and beyond. The Bishop and Mrs. Andrus visited our companion diocese of Curitiba in Brazil recently. You could learn more about the diocese of Curitiba and the wooden ring the Bishop was wearing at his blog <http://bishopmarc.vox.com>.

Thank you Endowment Board and everyone who helped to put together another successful event.

Sylvia Ma

Simple Will for \$75

St. James' Episcopal Church Endowment Board invites you to take advantage of an up-coming opportunity to write a Simple Will for \$75. This session will be held at St. Anne's Episcopal on Driscoll Road in Fremont on Sunday, June 14th. The session lasts from 9 a.m. to noon.

Lawyers in the California Diocese volunteer their time and talent so that all Episcopalians can have a will.

The Endowment Board

Enjoyable 'Available for Lunch'

Seventeen parishioners gathered for lunch and fellowship at Cabrillo Park Café to celebrate Mothers Day. We had a great time with fine food and lively conversations. If you missed this first luncheon organized by the 'Available for Lunch' ministry, look for our next event in the summer. Watch for details!

Sylvia Ma

Meg Williams

Available for Lunch ministry

Let My People Go! The Bathroom Renovation Fund

Thank you for your generosity with your donations to the Bathroom Renovation Fund. So far your donations total \$6132.

The Vestry voted to add the Endowment Board check of \$1065 into the Bathroom Renovation Fund, so now we have a grand total of \$7197.

We estimate we need \$40,000 for the project, so we still have a way to go yet. If you have a special occasion (birthdays, anniversary, graduation, thanksgiving...) please consider joining the 'Let my people go!' Club. Any donation amount is welcomed.

Sylvia Ma

Janet Fischer

Bob Honeychurch

Financial Summary

	<u>4/30/2007</u>	<u>04/30/2008</u>
Operating Cash	\$21,161	\$22,295
Building Cash	\$1,050	\$27,405

Year-to-date Summary

Pledges budgeted	\$85,333
Pledges paid	78,648
Unpledged contributions	2,110
Other operating income	<u>8,587</u>
Total operating income	\$89,345
Total operating expenses	<u>\$108,036</u>
Income less expenses	\$(18,691)

The St. James' Church calendar is available at:

<http://www.mychurchevents.com/calendar/calendar.aspx?ci=G1H2J4O9J4G1G1G1>

PFLAG

Oh no – not more initials! Actually these are not difficult – PFLAG stands for Parents, Families and Friends of Lesbians and Gays. PFLAG has been offering support to families and friends of gays and lesbians for over 30 years. More recently the scope has broadened to include bi-sexual and transgender people as well as those questioning their sexual identity.

The primary goals of PFLAG are support, education and advocacy. The group works to “create a world in which our young people may grow up and be educated with freedom from fear of violence, bullying and other forms of discrimination regardless of their real or perceived gender identity or sexual orientation or that of their families; make our message accessible to the broadest range of ethnic communities, ending the isolation of families with gay, lesbian, bisexual and transgender family members within those communities; and create a society in which all gay lesbian, bisexual and transgender persons may enjoy, in every aspect of their lives, full civil and legal equality and may participate fully in all the rights and privileges and obligations of full citizenship in this country.”

For the past 12 years, the local chapter of PFLAG has presented “Friends of Our Children” awards to individuals, groups or organizations that have done outstanding work which benefits all our children. The local chapter meets monthly on the second Tuesday at Holy Redeemer Lutheran Church on Cedar Boulevard in Newark. Meetings begin at 7:30 pm.

Call Alice Johnson for more information. (792-4169)

June is Pride Month

The San Francisco Gay Pride Parade is Sunday, June 28. Beginning at Justin Herman Plaza, the parade proceeds down Market Street and ends at Civic Center Plaza.

San Jose Pride Parade and Festival is being celebrated June 14 and 15. Information booths, amazing foods and exciting entertainment are always crowd pleasers at both events.

Also, check the public television listings for special Pride programming during June.

Alice Johnson



OCTOBER 19, 2008
SOMETHING SPECIAL
WILL HAPPEN AT
ST. JAMES' CHURCH

ST. JAMES' PRAYER LIST



In our parish, we pray for our brothers and sisters:

- For those who need continued healing: Steve, Elaine, Merle, Marisa, Paul, Delfina, Norma, Donna, Benjamin, Jack, Bette, Lori, Michelle, Jerry, Marilyn, Joe, Jenny, Judy, Pat, Bob, Lois, John, Sharyn, Kat, Mike, Paul, Jack, Dean, Jenny, Domingo and Desiree, Deloris, Irma, Donald.

- For those who need comfort and strength: Helen, Mary Jo, Kerri, Linda, Williams, Dean,

Shawn, Jeanette.

- For those who need guidance and direction: Deja, Jordon, Angela, Anthony, Shawn, Aaron, Barbara, Daniel, Victor, Michael, Robine, Daniel, Melissa, Doug, Mike.
- For those in the military: Daniel, Cammy, Ryan, Carrisa, Kurt, Jarrod, Matthew, John, Kiffen, Fred Jr., Robert, Joseph, Tim, Clinton, Joshua, Tony, Johnny, Chris, Valerie, Matt, Alex, Vincent, Matthew, Andrew.
- For those who have departed: Edna Leigh
- For those enduring the conflicts in the Middle East.
- For a safe pregnancy: Jocelyn, Rowen and Sara, Marlene, Alicia, Joi, Tamarah, Jennifer, Jeannea.
- For those who are traveling.
- For the departed, that they may continue to support us with their love in the communion of saints.



**SUNDAY SERVICES AT
8:00 AM, 9:00 AM & 11:00 AM
WEDNESDAY EUCHARIST AT 10:00 AM
SUNDAY SCHOOL AT 10:00 AM**

Birthdays JUNE

1	Sanjay Henry Gupta	19	Beverly Sanders
3	Max Whitaker		Margaret Allen
	Charles Paratore	20	Diana Camille Duncan
	Bryneeth Fuller	21	Al Brokes
4	Kitty Reed		Megan Thomas
	Dorothy Balderston	22	Mark Locher
	Nancy Castaneda		Tim Spencer
5	Ivy Sankar	24	Arlinda Cosby
8	Daniel Black		Anzel Perilla
9	Harold Benedict		Suheyla Yoksuloglu
	Beverly Sanders	25	Joshua Wonycott
10	Beth Newbrough		Rand Smedley
	Alison Dalmasso		Ginny August
	Michael Dunn		Heather Holguin
12	Alyssa Lenart	26	Rita Hoy
	Nancy Krall		Gregory Miller
14	Rhonda Singh	27	Marlene Benedict
15	Megan Vlastelica	28	George Vlastelica
	Matthew Vlastelica		Pat Vlastelica
16	Christopher Lubwama	30	Tom Aston
18	Jesca Nakku		Emma Rose Feeney

JUNE WEDDING ANNIVERSARIES



3	Steven & Keri Morgret
12	Patrick & Jill Broun
	Arthur & Gayle Culver
	Fred & Tammy Schlag
19	Dick & Jan Aston
21	Anne & Richard Wilcoxon
	Karen & Tim Koonze
	David and Judy Colby

Next issue of *The Window* will be in July. We welcome your comments, pictures, essays, poems, cartoons, artwork, newsworthy items of interest, any group activity information and reviews.

July Issue Deadline: June 15



SAINT JAMES' EPISCOPAL CHURCH

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www.saintj.com



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The Rev. Dr. Sylvia Sweeney

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Sexton: Art Gallado
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Acolytes: Nancy Castaneda
Eucharistic Ministers & Lectors: Janet Fischer
Footprints: Jodi Benson
Ushers: Burtin Hart

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