



# The Window

The Newsletter of St. James' Episcopal Church in Fremont

January 2008

## **Annual Meeting Sunday, January 27, 2008**

**Single Worship Service at 10:00 a.m.**

**Meeting starts at 12:15pm immediately after the 10:00 a.m. service**

**Potluck lunch in Parish Hall immediately after meeting, sign up in Parish Hall**

Please plan to attend this very important meeting. It will be a wonderful chance for all of us to celebrate together before attending the annual meeting, which will follow the service. Parish Life will provide the beverages for the potluck lunch to follow in the Parish Hall.

During its December meeting, your vestry reviewed the financial summary (shown on page 3) and discussed the proposed 2008 budget. As proposed, the operating budget exceeds project total income by \$46,800 necessitating a second appeal for an increase in pledging to avoid having to reducing clergy. The final 2008 budget will be voted on during the January Vestry meeting and presented at the Annual Meeting. Additionally there will be annual reports, announcement of the new senior warden and four new vestry people will be elected as well as delegates to our Diocese.

Come be a part of this important day of planning and visioning for our church. Also take this opportunity to meet members of the community you have never met or to reconnect with members you don't see very often.

See your January Sunday bulletins for further details.

Ralph Locher, Vestry Member

### Enrich Yourself -- Give

“Giving makes you rich.” This is the result of work of Arthur C. Brooks, Louis A. Bantle Professor of Business and Government Policy, The Maxwell School of Citizenship and Public Affairs, Syracuse University. Dr. Brooks’ work came to my attention on a “Marketplace” program on KQED radio. His evaluation of real data supports the idea that giving stimulates prosperity for both individuals and nations. “Charity, it appears, can really make you rich.” Research indicates that between 65 and 85 percent of Americans give to charities each year. This came to nearly \$300 billion in 2006.

Research by the Social Capital Community Benchmark Survey shows that people who give charitably make significantly more money than those who don’t. People do give more as they become richer, a 10 % increase in income stimulates giving by about 7%, but people also grow wealthier when they give more.

The researchers were able to determine this by accepting the premise that volunteers tend to be money givers and vice versa because of the same charitable impulse. They then set a level of giving based on the level of volunteering. They went on to evaluate if the predicted donation level correlated with income. If this correlation is positive, it means that giving pushes up income and not just vice versa. That is what the researchers found - more giving caused higher income.

New research by psychologists and neuroscientists at the University of Oregon finds that charity stimulates parts of the brain called the caudate nucleus and the nucleus accumbens. These areas are associated with meeting basic needs such as food and shelter. Our brains know that giving is good for us. Experiments have also found that people are elevated by others into positions of leadership after they are **witnessed** behaving charitably. Brooks describes a “helper’s high” that occurs when our brains reward us with

pleasure-producing opioids when we help some one out. This effect he portrays as a “virtuous cycle” that stimulates us to give again.

Charitable giving also stimulates the national economy. In 2004, \$100 in extra income increased giving by about \$1.47 per American. For every \$100 in giving, there was \$1,800 increase in G.D.P.

In his new book *Who Really Cares?: The Surprising Truth About Compassionate Conservatism*, Arthur C. Brooks states that giving is dictated by “strong families, church attendance, earned income and the belief that individuals, not government, offer the best solution to social ills.” Dr Brooks finds that households with a conservative as head of household gave an average of 30 percent more money to charity in 2000 than liberal households. This is despite the fact that liberal households make about 6 percent more per year. The people who give the least are the young, especially young liberals, which are under 30. As people age, they tend to be more generous.

In the radio interview, Arthur Brooks recommended developing a giving portfolio that balanced financial giving and volunteering. He felt that a balance of these two elements created the optimal feeling of satisfaction in the individual and this level of satisfaction permeated the rest of the individual’s life. To see how your financial giving for your level of income compares to others go to:

<http://www.portfolio.com/interactive-features/2007/10/philanthropy-calculator>.

Lynn Locher

## Folk Singer John McCutcheon Returns in January



Does your job, your profession, bring you joy? Does it bring other people joy? Can you make other people laugh and cry? In 1972 John McCutcheon began playing and singing folk music professionally. He has admitted that he can't believe that he is getting paid for something he loves to do. He connects with his audiences on a personal, family level. He is singing just for you.

He has sung for the St. James' audience four times before. Has the concert ever been the same? Not a chance—it is different every time. He tailors the concert just for us. He loves the size of the St. James' venue because he wants us to feel like the performance is just for us, which it is. He wants us to go home afterwards with the knowledge that he has given us his best.

Forget that he has six Grammy nominations. Forget that John has been playing and singing professionally for over 35 years. Forget that he is the best at what he does. Just come to be entertained, come to laugh, come to sing along if you like to, come to enjoy yourself Monday night, January 21, 2008, here as St. James' at 7:30pm. Tickets are \$20, cash credit card, or check. Our "ticket office" is located in the Parish Hall from 9-12:30 each Sunday morning.

Remember to call the office at 797-1492 if you are able to give someone a lift to the concert, or if you need a ride to the concert yourself. Come join us and have a great time!

### Financial Summary 30 November 2007

	<u>11/30/2006</u>	<u>11/30/2007</u>
Operating Cash	\$ 19,180	\$ 15,401
Building Cash	3,932	5,217

#### Year-to-Date Summary

Pledges budgeted	\$ 231,917
Pledges paid	218,774
Unpledged Contributions	5,958
Other operating income	<u>13,863</u>
Total income	\$ 238,596
Total expenses	<u>\$ 265,770</u>
Income less expenses	(\$27,174)
Mortgage Balance	-----
Union LOC	-----
Sewer Loan Balance	\$10,045

### Thank You from the Comforters and Prayer Shawls Guilds



A loving "Thank you" to the folks who responded to the request for donations for new labels from the Comforters and Prayer Shawls Guilds. Great appreciation also to **Janet Fischer** and **Meg Williams** who did the computer research and ordering for us. The generous contributions came

from **Sandy Jaekel**, **Sylvia Ma**, **John Maloney**, **Donald Razzolini**, and two anonymous donors. The new Prayer Shawl labels read, "Made with Loving Stitches by St. James Prayer Shawls, Fremont, CA" and the Comforters labels read "Stitched with Love by Comforters Guild, St. James Episcopal, Fremont, CA."

Valle Brooks

## I Endowed My Pledge

That is what the smiling gentleman said at yesterday's parish forum on gift planning: "I endowed my pledge."

From the looks on some other faces, I gathered that not everyone grasped what he was talking about. So, I told them about an inquiry that I had recently received from someone in another parish who asked how to do exactly this.

"How can I endow my pledge?" the phone caller asked. "I've served several terms on the vestry, and I know when someone dies or moves away who has been among the larger givers, it can leave a large hole in the budget," he explained. "I don't want that to happen when I die, so I want to endow my pledge."

"It is easy to endow your pledge," I told him. "Just take your annual pledge amount—for example, \$5,000—and multiply it by 20—for example \$5,000 times 20 is \$100,000—and make this a bequest in your will for your parish endowment."

The typical endowment fund distributes about 5% per year, so the annual distribution from your endowment gift will be equal to your existing pledge payment. Voila! Your pledge will continue to be paid in perpetuity, even after you are no longer there to personally write the checks. If your congregation does not have an endowment set up to do this, you may do it for your parish through the diocese, who will distribute 100% of the income quarterly to your parish.

Faithful folks who want to remember their church family along with their natural family in their wills, sometimes seek a guideline for "how much." Some include the church as an additional child, others use 10% — a tithe. Another idea would be to use an amount that will endow your annual giving.

However you choose to do this, your endowment gift creates a legacy of faith that will never go away. To make your annual giving permanent, consider endowing your pledge.



The Rev. Richard L. Schaper,  
CFP Gift Planning Officer,  
Diocese of California

EpiscopalGift.org (415) 869-7812  
[richards@diocal.org](mailto:richards@diocal.org)

## Hillside Care Center Celebration

A thank-you to everyone! Our annual gift-giving for and caroling at Hillside Care Center on Saturday, December 15, would not have been possible without everyone's participation! Thank you for your individual gifts, the lovely afghans created by **Valle Broke's** Comforters group, the spirited music provided by **Patty Lacy, Bob and Debra Czerwinski**, the gift transportation by **Betty McCoy** and **Nancy and Paul Svenson**, and Santa's helpers, **Barbara Johnsen, Cathy Knotts, Bud and Jan Pearson, Bill and Margaret Rainey, Jack and Connie Rux, George and Pat Vlastelica**, and of course **CeCe** and her "parents", the **Svensons**.

Arlinda Cosby



## St. James has STUFF to buy!

Just in time for your Christmas shopping, St. James has set up a store on Cafe Press. Please visit the store to purchase shirts and sweatshirts for adults and kids, mugs, stickers, magnets, tote bags, bumper stickers, note cards and more with our St. James logo emblazoned for all to see! Proceeds benefit our operating fund.

Visit <http://CafePress.com/saintj> on the web today!

## 6am Tuesday Bible Study



lessons for Epiphany.

This group welcomes anyone who is interested in discussing how the Bible can help us live our daily lives.

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## Many Enjoy Los Posadas Celebration

Over seventy parishioners and their guests turned out to reenact the pilgrimage of Mary and Joseph to Bethlehem and their search for shelter for the night. They sang songs as they followed Mary and Joseph (**Joan and Bruce Roberts**) on their journey accompanied by **Rod Whitehouse** on banjo. After finding sanctuary in the Parish Hall, four of **John Maloney's** students from the Our Lady of Grace Nativity School in San Jose both serenaded the audience on their tin whistles as well as accompanied the audience during singing some Christmas carols. After a typical Mexican feast arranged by **Erica Rios**, the breaking of a pinata by the kids ended this joyous occasion.



# JANUARY 2008 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30 AM Choir Rehearsal(C) 2:00 PM Phil. Ind. Church (LC) 8:00 PM Narcotics Anonym(EB#1)	31 10:00 AM Tri City Bridge Club(PH) 7:00 PM Overeaters Anonymous(EB#1)	1 6:00 AM 6AM Bible Study (OS)	2 10:00 AM Wednesday Eucharist(LC) 11:30 AM Washington Township (PH) 6:00 PM Liturgical Design Mtg (CR) 6:30 PM Tai Chi Class(PH) 8:00 PM Narcotics Anonym(EB#1)	3 11:00 AM Women's Spirituality Group (ST) 7:00 PM Newark SAI Mtg.(EB#1)	4	5 12:00 PM Tri City Bridge Club(PH)
6 10:00 AM Memorial Garden Mtg (VR) 10:30 AM Choir Rehearsal(C) 2:00 PM Phil. Ind. Church (LC) 8:00 PM Narcotics Anonym(EB#1)	7 10:00 AM Tri City Bridge Club(PH)	8 6:00 AM 6AM Bible Study (OS)	9 10:00 AM Wednesday Eucharist(LC) 6:30 PM Tai Chi Class(PH) 8:00 PM Narcotics Anonym(EB#1)	10 11:00 AM Women's Spirituality Group (ST) 7:00 PM Newark SAI Mtg.(EB#1)	11	12 12:00 PM Tri City Bridge Club(PH)
13 2:00 PM Phil. Ind. Church (LC) 8:00 PM Narcotics Anonym(EB#1)	14 10:00 AM Tri City Bridge Club(PH)	15 6:00 AM 6AM Bible Study (OS)	16 9:30 AM Bridge Club (PH) 10:00 AM Wednesday Eucharist(LC) 6:30 PM Tai Chi Class(PH) 8:00 PM Narcotics Anonym(EB#1)	17 11:00 AM Women's Spirituality Group (ST) 7:00 PM Newark SAI Mtg.(EB#1)	18	19 12:00 PM Tri City Bridge Club(PH)
20 2:00 PM Phil. Ind. Church (LC) 8:00 PM Narcotics Anonym(EB#1)	21 8:30 AM J.McCutcheon Concert set up(All Campus) 10:00 AM Tri City Bridge Club(PH) 7:30 PM J.McCutcheon Concert(C)	22 6:00 AM 6AM Bible Study (OS)	23 10:00 AM Wednesday Eucharist(LC) 6:30 PM Tai Chi Class(PH) 8:00 PM Narcotics Anonym(EB#1)	24 11:00 AM Women's Spirituality Group (ST) 6:00 PM Rancho Coronado(VR) 7:00 PM Newark SAI Mtg.(EB#1)	25	26 12:00 PM Tri City Bridge Club(PH)
27 12:30 PM Annual Meeting 12:30 PM Social Ministry Cmt. (VR) 2:00 PM Phil. Ind. Church (LC) 8:00 PM Narcotics Anonym(EB#1)	28 10:00 AM Tri City Bridge Club(PH)	29 6:00 AM 6AM Bible Study (OS)	30 10:00 AM Wednesday Eucharist(LC) 8:00 PM Narcotics Anonym(EB#1)	31 11:00 AM Women's Spirituality Group (ST)	1	2 12:00 PM Tri City Bridge Club(PH)



**ST. JAMES' PRAYER LIST**

In our parish, we pray for our brothers and sisters:

**For those who need continued healing:**

Donna, Kym, Jamie, Margaret, Will, Roy, Lois, Katie, Steve, Susan, Elaine, Merle, Marisa, Alyssa, Paul, Delfine,

Norma, Donna, Benjamin, Jack, Bette, Lori, Rose, San Juan

**For those who need comfort and strength:**

Tomlinson family, Vogel family, Mary, Martie, Shirley, Joyce, Helen

**For those who need guidance and direction:**

Katie, Deja, Jordon, Angela, Anthony, Shawn, Aaron, Barbara, Daniel, Victor, Michael, Kenny, the people of the Diocese of San Joaquin, Robine, Daniel, Maricela, Don

**For those in the military**

Daniel, Cammy, Ryan, Carrisa, Kurt, Jarrod, Matthew, John, Kiffen, Fred Jr., Robert, Joseph, Tim, Clinton, Joshua, Tony

**For a safe pregnancy:**

Cindy and Jeff, Jocelyn.

**For those who are traveling:**

Ken, Penny

For those enduring the conflicts in the Middle East.



**JANUARY BIRTHDAY CELEBRATIONS**

- |                        |                     |
|------------------------|---------------------|
| 1 Mary Ellen Gallagher | 20 Stephanie Casas  |
| 5 Orietta Hardy-Sayles | 22 Deborah Schupner |
| Laura Winter           | 26 Byron Bader      |
| Gayle Culver           | 27 Ian Miller       |
| 6 Thomas Blalock       | 28 Maggie Shalar    |
| 7 Guy Downing          | Bob Crawford        |
| 9 Brandon Hoffman      | 29 E. Thomas Clark  |
| 10 Caylyn Ramsamy      | 30 Kassy Menke      |
| 12 Rose Girard         | 31 Dorothy Lugo     |
| 13 Ingrid Benedict     | Bruce Menke         |
| 14 Dianne Abram        |                     |
| 19 Andy Hedvall        |                     |

**ANNIVERSARIES**

- 2 Chris & Frank McNulty
- 4 Mike Aquino & Donald Razzolini
- 12 Fred & Barbara Gifford
- 16 Craig & Jodi Benson
- 19 Rod & Jackie Whitehouse

**Web Address**

Visit St. James' website at [www.saintj.com](http://www.saintj.com)

**E-Mail Addresses**

The Rev. Bob Honeychurch	<a href="mailto:bob@saintj.com">bob@saintj.com</a>
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**The Window on St. James'**

Next issue will be in February. We welcome your comments, pictures, essays, poems, cartoons, artwork, newsworthy items of interest, and group activity information and reviews.

**February Issue Deadline: January 15**



# SAINT JAMES'

EPISCOPAL CHURCH

Thornton Avenue at Cabrillo Terrace

PO Box 457

Fremont, CA 94537-0457

WEB: <http://saintj.com>

**Non-Profit Organization**  
**US Postage Paid**  
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**PERMIT 15**

SUNDAY SERVICES AT  
8:00 AM, 9:00 AM & 11:00 AM  
WEDNESDAY EUCHARIST AT 10:00AM  
SUNDAY SCHOOL AT 10:00AM

ADDRESS SERVICE REQUESTED

## St. James' Episcopal Church

OFFICE HOURS 8:30 AM - 1:30 PM TUESDAY-FRIDAY TEL: (510) 797-1492

### Rector

The Rev. Dr. Bob Honeychurch

### Associate Rector

The Rev. Dr. Sylvia Sweeney

### Deacons

The Rev. Arlinda Cosby

### Administration

Secretary: Linda LeGere

Treasurer: Jan Brandt

Sexton: Cliff Lovette

Office email: [office@saintj.com](mailto:office@saintj.com)

### Senior Warden

Barbara Dabney

### Junior Warden

Greg Miller

### Parish Life & Facilities

Ralph Locher

Connie Rux

Tim Young

### Christian Formation & Worship

EJ Hilliard

Sylvia Ma

### The Vestry of St. James'

### Social Ministries & Congregation Care

Scott Whittaker

Johanne LaRocque

### Communications & Evangelism

Janet Fischer

Jim McConnell

Meg Williams

### Clerk

Elizabeth Hart

### Other Important Coordinators

Altar Guild- Margaret Rainey

Acolytes- Nancy Castaneda

Eucharistic Ministers & Lectors- Janet Fischer

Ushers- Burtin Hart

### The Window Editorial Staff

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