



# The Window

The Newsletter of St. James' Episcopal Church in Fremont, CA  
*Called to serve in new and loving ways*

January 2020

## Bearing the Light

While the event will have passed by the time you read this article, the day that I am putting pen to paper (or fingers to keyboard) is the day that our country is voting on whether or not to impeach the 45<sup>th</sup> president of the United States. It does not matter where you stand on the politics of this nation, nor does it matter whether you pay any attention to what is happening in our nation's capital. The fracturing of our country and democracy impacts all of us in some way. On many days it seems we have lost our way, drifted far from our neighbors, forgotten our need for each other, wandered down a path of righteous anger and stubborn ideology. A darkness has descended upon us. Or perhaps more accurately, a darkness has been uncovered as I suspect the place we find ourselves today has been there for a time but is now being revealed. So, darkness revealed. Which is all the more reason for us to fight mightily to reveal something counter to this darkness - to reveal the light.

Revealing light takes courage. It takes gumption and intention. It takes faith. Revealing light means standing not on one side or the other, but in the middle in order that all might be drawn to the center. Revealing light means rising above the darkness, to travel up a hill of Truth, to hold that candle high in order that others might see a greater reality. Revealing light means using the life and teachings of our faith, the belief in God's mercy and goodness, as the foundation for that light. Revealing light means to play an essential role in today's world.

In order to reveal this light, we need to be bearers of this light, to hold it and let it shine. Today, we need light-bearers.

It is the season of Epiphany, the period of time when we look up to see a star leading us to the greatest light of them all, Jesus Christ. So let us not delay in this important work. Let us bear witness to the Light of the World today.

I offer you this blessing, written by United Methodist Church minister, author and artist, Jan Richardson. May we all be the ones who can bear the light so that the light, not the darkness, shall overcome.

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Blessed are you  
who bear the light  
in unbearable times,  
who testify  
to its endurance  
amid the unendurable,  
who bear witness  
to its persistence  
when everything seems  
in shadow  
and grief.

Blessed are you  
in whom  
the light lives,  
in whom  
the brightness blazes—

your heart  
a chapel  
an altar where  
in the deepest night  
can be seen  
the fire that  
shines forth in you  
in unaccountable faith,  
in stubborn hope,  
in love that illumines  
every broken thing  
it finds.

*Jan Richardson, Circle of Grace*

Lori+

## WHY I CHOOSE ST. JAMES'



I thought long (several months!) and hard on our topic and just came to the conclusion that St. James' chose me. I happened to Church one Sunday and listened to Pastor Lori's prayers for Aleppo, Syria and asked her if we do other prayers for this country. I realized then that this would be the place to begin my journey into a better understanding of my Church.

Of course, that journey began some 70 years ago at St. Paul's Burlingame for baptism and to Christ Church Los Altos for confirmation. Along the way I attended All Saints in Palo Alto, St. Michael's in the desert with Mom, and even for a time St. Anne's here in Fremont. I was taking bits and pieces of each church working on the puzzle I was putting together.

When I retired in 2012, I had time..and it certainly was time to become a more active member in the Episcopal Church--I did my reaffirmation and updated my spiritual portfolio. Although attending since 1987, time got away ... one of those puzzle pieces was time of service-- 10:30, not too early or too late (all those cats you know) and then came the hymns, liturgy, traditions, Faith Formation, new friends, Altar Guild, Vestry, Book Club, Wednesday service, TaiChi and Bible Classes.

Those puzzle pieces finally came together at St. James'. This is the place I chose to stay and we should all plan to join and help with the festivities for the upcoming Christmas holidays....

Sally Morgan

## Budget Meeting

The annual budget meeting is taking place on **Sunday, January 19 at 9:15 in the Education Room**. This important meeting allows you a look at our income and expenses and the opportunity to ask any questions. Grab a cup of coffee and join us!

## Annual Meeting

The annual meeting takes place on **Sunday, January 26**.

### **8:30-9:15**

Enjoy a **continental breakfast** with your fellow parishioners in the Parish Hall.

### **9:15-10:15**

Our **business meeting** will include the approval of past minutes, introduction of vestry members and new wardens, reports from the Treasurer and Endowment Chair, the Senior Warden's address.

### **10:15-10:30**

We will **prepare for worship** by singing some of our favorite hymns.

### **10:30-11:45**

Service of **Holy Communion** with the Rector's address as part of the sermon and the annual picture slideshow to wrap up the day.

## WHY I CHOOSE ST. JAMES'



In 2001 my family began attending church service at St. James' after relocating from the Peninsula. Initially, we attended service when we could not commute to our former church located in the Peninsula for Sunday service or for other activities. However, we later decided to make St. James' our home church, due to convenience. Our children could attend services on their own when we as parents were not able. Also, they enjoyed participating in the youth group services in the evening, bringing along a few of their friends.

Although I chose St. James' for convenience, the welcoming attitude of the Rector in charge (Rev. Honeychurch), and some of the parishioners who interacted with me were an essential factor in my decision to stay. Not only have I continued to stay, but I have also chosen to participate in some of the church's ministries when I am available. There has been an improvement in my participation, especially in the last eight years because Rev. Lori's genuineness and the selfless efforts of some of my fellow parishioners motivated me.. Additionally, I find my involvement in outreach programs to be very fulfilling.

Lastly, over the years, I have observed St. James's growth in membership and ministries. I have witnessed members' testimonies about their experience at St. James', describing their religious transformation as a result of the welcoming attitude of the St. James' community. This is the same environment I distinctly remember as a new member. I will continue to be a member of the community and strive to participate in the ministries as our Lord directs me.

Josephine Amadi

## John McCutcheon Returns to St James'

Folk concert by John McCutcheon with special guest, Red Tail Wing, is coming to St. James' on **January 20, 2020.**

Opportunities for you to help in December and January:

- ◆ To sell tickets after the 8am service on Sundays, please contact Meg Amouroux.
- ◆ To sell tickets after the 1030am service on Sundays, please contact Katie Cunningham.
- ◆ To donate drawing prizes please contact Elaine Miller.
- ◆ To help distribute concert flyers around town please contact Bruce Roberts.

Tickets will be available starting December 8th in the Parish Hall. They make great holiday gifts.

Sylvia Ma

# Vestry Highlights

The Vestry met on December 12. We enjoyed a meal provided by Josephine, and shared God moments. We approved the November vestry meeting minutes, the November financial reports and accepted the November staff and ministry reports.

Sylvia Ma reported that new red cushions had been placed in the Little Church. The vestry discussed the potential removal of the tree outside the vestry room, and recognized the benefit of having already removed the tree next to the Little Church.

There was a discussion regarding potential vestry members for the next term, to be elected at the annual meeting in January. We recorded the Letter of Agreement for Bill Hale, Associate Priest, and passed annual housing resolutions for both Bill Hale and Lori Walton.

The vestry passed a resolution to donate \$1,000 to SAVE. The treasurer, Lynn Locher, provided an update on pledges made so far and next year's budget.

At 9:00 the vestry adjourned to the Little Church where Josephine led Compline.

Katie Porter  
Junior Warden

Financial Summary November 2019		
Fund Balances	11/30/18	11/30/19
Operating Fund	\$ 91,062.93	\$ 47,514.79
Building Fund	\$ 47,496.04	\$ 61,506.97
<b>Pledges Budgeted</b>	<b>\$ 298,067.00</b>	<b>\$ 307,450.91</b>
<b>Pledges Paid</b>	<b>\$ 315,498.01</b>	<b>\$ 289,442.72</b>
Unpledged Contributions	\$ 10,772.98	\$ 13,976.10
Other Op Income	\$ 18,829.77	\$ 17,544.84
<b>Total Operating Income</b>	<b>\$ 345,100.76</b>	<b>\$ 320,963.66</b>
<b>Total Operating Expenses</b>	<b>\$ 303,629.35</b>	<b>\$ 323,040.39</b>
<b>Income less Expenses</b>	<b>\$ 41,471.41</b>	<b>\$ (2,076.73)</b>

# Blackened Salmon

by Jim Cunningham

prep time 14 minutes    cook time 12 minutes

Farmed Atlantic salmon seems to be readily available lately. This recipe makes it fantastically delicious. New Orleans claims to be the originator of blackened fish.

## Ingredients:

1. One salmon fillet with skin of a size to give about a 2 1/2 inch section per person
2. Spice rub mixed in a small bowl (this seasons 3 to 5 pieces)
  - 1 1/2 T. Paprika
  - 1 t. cayenne pepper (add more to taste)
  - 1 t. onion powder
  - 1 t. salt
  - 1/2 t. black pepper
  - 1/2 t. dried thyme
  - 1/2 t. dried basil or tarragon
  - 1/2 t. cumin
  - 1/2 t. ground ginger
3. 3 to 4 T. Canola oil
4. Fresh lemon for garnish



## Directions:

1. Heat the oil in a large cast iron skillet. Use medium high heat.
2. Sprinkle spices over salmon pieces and rub into face.
3. Cook salmon face side down (skin up) 4 minutes.
4. Turn salmon skin side down and finish cooking for 3 1/2 minutes.
5. Serve with sides of asparagus, rice and a fruit salad.



## Alternative finishes:

Saute or poach salmon plain with salt and pepper only then add:

### Lemon butter sauce

1. Juice of one lemon or two in skillet
2. 4 plus T. butter melt in lemon juice and emulsify a little
3. add herbs (tarragon, thyme, dill, etc.)
4. spoon over fish fillets



### Mustard Sauce

1. Melt some butter in a pan and add lemon juice
2. Add white wine and some olive oil
3. Add mustard then simmer (no boiling)
4. Return salmon to sauce and add a little cream.
5. Simmer a couple of minutes and serve over rice or baked sliced potatoes with onions, tomatoes, cheese and oregano.

## Recurring St. James' Events

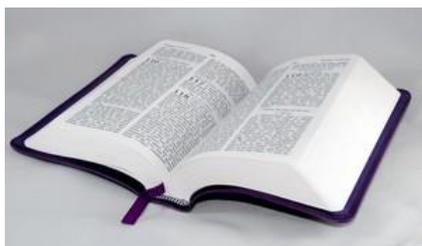
### Children and Youth

Check current events at:

<https://saintj.com/wp/ministries/childrens-programs/> or email Jan Scrutton, [jan@saintj.com](mailto:jan@saintj.com)

### Book Club @StJ

The Book Club meets the first Sunday of each month, 9:15-10am in the Education Room. Contact: Janet Fischer, [jfischer@saintj.com](mailto:jfischer@saintj.com).



### Monday Morning Scripture Musings

Monday morning Bible Study continues into the fall. Our guide is Brian McLaren's book, "We Make the Road By Walking," supplemented by other material. Meet us in the Education Room from **11:00-12:00 each Monday**. If you have any questions, ask Rev. Lori by emailing [lori@saintj.com](mailto:lori@saintj.com).

### Sitting Meditation or Silent Prayer will resume on Jan 15.

Wednesday evenings 6:00-6:25pm in the Little Church

Bell for silence sounds promptly at 6.

Everyone is welcome to join us for this time of silent meditation.

Contact: Janet Fischer, [jfischer@saintj.com](mailto:jfischer@saintj.com)



### Tai Chi Classes

**Tai Chi classes are on Winter Break and will resume on January 14 in the Parish Hall.**

Tuesday mornings from 10 to 11:30 ;  
Wednesday nights from 6:30 to 7:30.

No experience is necessary. Tai Chi is a moving meditation that will help you reduce stress, improve your balance and coordination. You could participate sitting down or standing up. The classes are a ministry of St. James', no fees.

Everyone is welcome. If you have any questions, please contact Sylvia Ma 510-552-6549 or email [Hsiehtingsueh@yahoo.com](mailto:Hsiehtingsueh@yahoo.com)

# The Intrepid St. James' Elves



A small band of intrepid elves made our St. James' Annual Visit to Hillside Convalescent Center in early December. (Our visit was unduly delayed due to various illnesses.)

The renowned Mr. and Mrs. Claus, (aka Bob and Lauren Doherty), Ruth Poole, Sandra Motley, and newbie elf Sam Kalitta helped distribute the gifts. The elves gifted the residents with decorative place settings for the holidays which were delivered to each resident in their room. Our elves also got a few moments to engage with the several folks gathered in the Activity Room.

An artist, Andy was pleased to share some of his watercolors with us. His room has the advantage of excellent natural light! A busy fellow as you can see from his photo!

Another resident, Viola, a double amputee, was stylishly arrayed for our visit and was delighted to chat with our elves. She extended gracious thanks to us for the gifts and visitors.

The format of this visit allowed for more intimate conversations with more of the residents. Thanks to all of you St. James' folks for your generous contributions to help make this visit a time of sharing and joy for the residents at Hillside.



Hillside Team  
Sandra Motley  
Lauren Doherty  
Alice Johnson





## St. James' Prayer List

*Most Holy God we pray :*

### For Those in the Military:

Jarrold, Megan, Erica, Theresa, Mark, Tim, Louis, Caitlin, Emily, Robin, Adam, Dave, Shawn, Ethan, Paul, Matthew, Johnny, Johnathan.

### For Those Who Need Comfort and Healing:

Ron, Julie, Gail, Bob, Craig, Diane, Barry, Melissa, Marsha, Mel, Omar, Ramesh, Sally, Dorothy, David, Poleda, Julie, Milla

### For Those Who Have Passed Away:

Robert, Sylvia, Genore

## January Birthdays



01/01	Esther Maina	01/21	Jim Cunningham
01/01	Chelsea Drescher	01/22	Katie Porter
01/03	Sunita Joseph	01/23	Anastacia Morkved
01/05	Laura Winter		
01/06	Tom Blalock	01/25	Lori Walton
01/10	Christopher Jones	01/26	Byron Bader
01/10	Caylyn Ramsamy	01/28	James McLeod
01/11	Owen Zarovy	01/28	Maggie Shalar
01/13	Katie Cunningham	01/29	Olivia Carini
01/14	Richard Kostick	01/29	Rebekka Murray
01/15	Avis Gonzales	01/31	Keira Westra

## January Anniversaries

01/04	Laurence and Rebecca Herrera
01/21	Alan and Alison Saichek
01/22	Richard Reynolds and Robert Sigmon
01/25	George Siegmanna and Penelope Siegmanna

*To add someone to the "Special Prayers" list, please complete a pew card and place in the Sunday offering plate OR call / email the Church Office. After six weeks, names are removed from the list. Please renew your request as needed. Thank you*

**Please note:** If your birth month or anniversary is in this month and your name(s) is not listed or the information is incorrect, please email the appropriate information to [admin@saintj.com](mailto:admin@saintj.com)

The next issue of *The Window* is in February. We welcome your **comments, essays, poems, photos, cartoons, newsworthy items, any group activity information and your reviews.**

Email your submission to [newsletter@saintj.com](mailto:newsletter@saintj.com) by: **January 15<sup>th</sup>**



# SAINT JAMES' EPISCOPAL CHURCH

Thornton Avenue at Cabrillo Terrace  
PO Box 457  
Fremont, CA 94537-0457  
<http://saintj.com>  
Tel: (510) 797-1492

### WORSHIP TIMES

SUNDAY SERVICES: 8:00AM & 10:30AM  
SUNDAY SCHOOL 10:15AM  
WEDNESDAY EUCHARIST 10:00AM

### OFFICE HOURS

MONDAY THROUGH THURSDAY: 10:00AM TO 2:00PM

### STAFF

The Rev. Lori Walton, Rector ..... [lori@saintj.com](mailto:lori@saintj.com)  
The Rev. Dr. Bill Hale, Associate Priest  
.....[bhale@saintj.com](mailto:bhale@saintj.com)  
Jan Scrutton, Children and Youth Minister.....  
.....[jan@saintj.com](mailto:jan@saintj.com)  
Ron Cook, Office Administrator .. [admin@saintj.com](mailto:admin@saintj.com)  
Jennifer Ravera, Music Director.....[music@saintj.com](mailto:music@saintj.com)  
Lynn Locher, Treasurer ..... [treasurer@saintj.com](mailto:treasurer@saintj.com)

### VESTRY

**Senior Warden** .....[srwarden@saintj.com](mailto:srwarden@saintj.com)  
*Monique Manjarrez*

**Junior Warden** .....[jrwarden@saintj.com](mailto:jrwarden@saintj.com)  
*Katie Porter*

*Josephine Amadi*                      *Sylvia Ma*  
*Bob Doherty*                          *Sally Morgan*  
*Julie Guzior*                          *Kimberly Patton*  
*John Kimber*                          *Laura Winter*

**Vestry Clerk:** *Elizabeth Hart*

### The Window Staff

Penny Trant  
Janet Fischer  
Laura Winter  
Katie Porter

Article submission:  
[newsletter@saintj.com](mailto:newsletter@saintj.com)

### Other Important Coordinators

**Eucharistic Ministers & Lectors:**  
George Siegmann  
**Eucharistic Visitors:** TBD  
**Altar Guild:** Katie Cunningham  
**Ushers:** Burtin Hart  
**Facilities:** [facilities@saintj.com](mailto:facilities@saintj.com)

### Convention Delegates

Email our delegates at:  
[stjdeanery@saintj.com](mailto:stjdeanery@saintj.com)  
John Amouroux  
Meg Amouroux  
Jim McConnell  
Ken Trant  
Scott Whitaker

### Alternates to Convention

Penny Trant  
Elaine Vallecillo-Miller