The Window

The Newsletter of St. James' Episcopal Church in Fremont, CA

Called to serve in new and loving ways

August 2019

THE HIDDEN LIGHT

During an interview several years ago, Rachel Naomi Remen recounted a story her grandfather used to tell her (emphasis mine):

"In the beginning there was only the holy darkness, the Ein Sof, the source of life. And then, in the course of history, at a moment in time, this world, the world of a thousand thousand things, emerged from the heart of the holy darkness as a great ray of light. And then, perhaps because this is a Jewish story, there was an accident, and the vessels containing the light of the world, the wholeness of the world, broke. And the wholeness of the world, the light of the world was scattered into a thousand, thousand fragments of light, and they fell into all events and all people, where they remain deeply hidden until this very day.

Now, according to my grandfather, the whole human race is a response to this accident. We are here because we are born with the capacity to find the hidden light in all events and all people, to lift it up and make it visible once again and thereby to restore the innate wholeness of the world. It's a very important story for our times. And this task is called tikkun olam in Hebrew. It's the restoration of the world.

And this is, of course, a collective task. It involves all people who have ever been born, all people presently alive, all people yet to be born. We are all healers of the world. And that story opens a sense of possibility. It's not about healing the world by making a huge difference. It's about healing the world that touches you, that's around you."

The world was scattered into a thousand fragments of light, deeply hidden. In these days of endless heaviness as we witness human suffering, political posturing, widespread oppression, and the ongoing pressures of everyday life, it is easy to imagine fragments of life that no longer shine. Yet, according to this beautiful story, the light is not extinguished, it is only hidden. And it is not hidden forever, but temporarily so until we, the human race, work to find that light and let it shine once again.

This we need to remember. That as long as there are folks like you and me and so many willing to see past the darkness, willing to look for the good, willing to be the good, there will be light. As long as we put our trust in an all-powerful God who will lift all that is cast down, there will be light. As long as we work towards the common good of all people, there will be light. The light of the world's wholeness exists in everything and everyone at some level. Sometimes we can see it brightly, and other times we need to uncover it.

As we move through these warm summer months, may you find the light. May you be the light.

Lori+

Stewardship Corner

Why Do I choose St .James'?

I have been attending St. James' Episcopal Church on and off for over 38 years. What led me to St .James'? What led me to the Episcopal Church? What led me to God?

The answers went way back to my kindergarten years. My parents enrolled me in St Stephen's Girls School, a parochial school associated with the Anglican denomination in Hong Kong. Throughout kindergarten, primary school, junior and high schools, we sang hymns and had morning service every school days and teachers told us about God and Jesus, their mighty works and their love for us. In junior high, I started going to Sunday services in a Cantonese Anglican Church, St Stephen's Church, with a friend. I was baptized and confirmed when I was fifteen.

In 1968, my parents and I immigrated to the United States and settled in Davis CA. My Dad told me, in the U.S., the Episcopal Church follows the Anglican tradition, leading me to attend St. Martin's Episcopal Church and started to worship in English. The liturgy there was familiar, and I felt at home. I served as an acolyte and taught Sunday School.

After college, my husband and I moved to Anaheim, CA. From the yellow pages, I found an Episcopal Church and attended there for more than one year. My experience there was a bit disappointing: not a soul spoke to me that whole time.

Then work took us to San Jose. I attended an Episcopal Church close to where we lived. I served on the Altar Guild there.

When we moved to Fremont in the early 80s, I found St James' in the phone book. My first day at St James' was Father BB Lyon's last day as a rector. I remembered watching Barbara Lyon dancing in the aisles during the service. I loved St. James's diversity, even back then.

The liturgy was familiar, and the parishioners were friendly, and I joined the Altar Guild. Over the years, I got more involved and served on the Endowment Board, the Ushers, the Vestry, and more recently the McCutcheon Concert Team, and the Little Church Renovation Committee, teaching Tai Chi and again serving on the Vestry. I learned much from the Lenten Series and other Faith Formation classes. I enjoyed my participation at the woman's Retreat and the Ladies Flatlanders.

The arrival the Lori+ brought a fresh perspective to St. James' and I look forward to her sermons. The arrival of Anna+ brought the Adult Faith Formation to the next level and I am very glad that I have more time to attend her classes after my retirement. Although I don't have a decent singing voice, I love music. The music every Sunday, under the direction of Jennifer, energizes me.

I feel the workings of the Holy Spirit in the inclusiveness of St .James' and in the policy of open communion. I see vitality of the congregation with the influx of new families with young children. There are a lot of opportunities to serve God here at St. James' and I am grateful to be a part of the St. James' family.

Sylvia Ma

(photo by Bruce Roberts)

Who Is My Neighbor:
Facts and Fictions About Homelessness

As many are aware, the city of Fremont has been moving forward on a Navigation Center to assist the unhoused in transitioning to permanent housing. The selection process for location for the center has generated much controversy, with concerns raised about drug abuse, mental health issues, and crime, among others. Some concerns are reasonable and have been expressed in a reasoned way, while others have been wildly exaggerated, based on stereotypes and prejudice.

With this in mind, I'd like to share with you some information and insights I gained at a July 11th panel discussion on the issues surrounding homelessness sponsored by the Interfaith Council of Alameda County.

- Data reporting by city and non-profit agencies show that about 60% of homeless persons are seniors, the disabled, veterans, and families with young children who are neither drug addicts, nor mentally ill, nor criminally inclined.
- There is a sharp increase in evictions of long-term residents due to steep rent hikes by landlords wishing to take advantage of neighborhood gentrification.
- Deaths on the streets are on the rise: 6 in Berkeley in June alone.

  Cars and RVs occupied by homeless people are being towed and impounded at a rapidly increasing rate. Because owners cannot afford the fines, they are left on the street without transportation or safe shelter.
- In some cities, police wake those living on the street, many with young children, 2-4 times a night to order them to move on. This sleep deprivation affects both physical and mental health.
- There is little to no collaboration between Bay Area cities on possible solutions to this difficult nexus of issues; instead there is a patchwork quilt of stop-gap measures from various sources.
- When constructive measures are undertaken, it can take 5-10 years to go from a proposal to completion of projects.
- Given the lack of short-term help, many homeless persons have begun organizing and advocating for themselves. There is a "safe and clean encampment" movement in the Bay Area, with strict self-governance, particularly with respect to drug/alcohol use and criminal behavior. However, the denial of access to empty city/ county land, means encampments end up in unhealthy and unsafe areas, like freeway underpasses, where enforcement of community rules and basic hygiene is impossible, and community concerns are understandably reinforced.

These facts make it clear that homelessness cannot be solved by "pulling yourself up by the bootstraps." It is a complex issue touching on many social-economic factors. The panel discussion included three homeless persons and they were clear-eyed and clear-minded about the problems and solutions. Partnership between cities, NGOs, and faith communities is needed in a two-pronged operation to address immediate problems and work on long-term solutions.

By coincidence, the Gospel for the Sunday after a raucous July 9th City Council meeting was the parable we often call The Good Samaritan, told by Jesus in response to the challenge posed by a lawyer: who is my neighbor? Jesus' answer is clear: everyone, even those you dislike or fear. We are called to show mercy, as God does, without exclusion, and help and advocate for those on the margins. It is time to call for partnership and political will to address this seemingly intractable issue with mercy and the greater good in our minds and hearts.

Rev. Anna Horen

Little Church Update – It's Ready for Worship

As I write this (July 22, 2019) we can actually see the "end-of-the-tunnel" of the work that started right after Easter. We haven't arrived, but we should have by the time you read this. As the "photographer" for the project, it has been fun to document the progress. Please note that others have contributed photos as well. Enjoy the accompanying photos.

Do you have any idea how much painter's tape we used to mask off walls and pews from the floor? Rolls and Rolls. The floor: Some areas of high traffic and the floor between pews required filling; all the wooden areas were primed and at least two coats of Chocolate Bon Bon floor paint were brushed on to protect the floor from parishioner's feet in the future.

Underneath the grime of ages and a fair amount of chewing gum, we found beautiful redwood pews. Alas, the pew's baseboard next to the carpet did not stand the test of time so new baseboards were manufactured (Fremont Cabinet) of a harder wood and stained to match. Some pews required repairs with glue and nails and we hope you will not detect the workmanship. A new center-brace, manufactured by Dave Nelsen, supports each pew, lessening the creaks and squeaks from before. Al and Mary Casas had stored a damaged pew in their garage for many years; now it is repaired and sits facing the Columbarium.

Bookracks: The original bookracks (cleaned, repaired and coated) on the backs of the pews have been relocated to the side of each pew closest to the outside wall. New, matching book racks, crafted by Dave Nelsen, twice as long as the originals, have been placed on the aisle-side of each pew. We hope that no Prayer Books or Hymnals will lie on the newly cleaned cushions (see below).

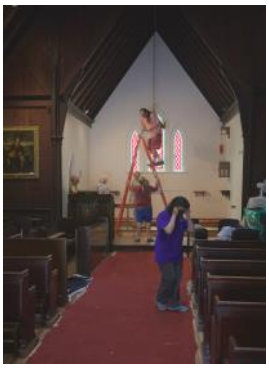
As the dust from repair and reconstruction rose (we covered the organ and parts with plastic to protect them) we could see a major dusting job ahead of us at the end of the project. It Continues. Also, a couple of ceiling lights, so far above the floor, out for some time, were replaced on a recent Saturday.

So many parishioners participated in the project, giving so many ours of their time, talent, and even material. People of varying expertise contributed in many ways that made the project a success. See the List below.

The new Cathedral Red carpet (a churchly name, already installed) will be a positive, colorful finishing touch for the Little Church. Note the transition molding between the carpet and the floor; it should help the carpet last longer. Much of the work on the pews may not be noticed, covered up by the red cushions professionally cleaned by Integrity Cleaning.

The Altar, Bishop's and Priest's chairs stand in their places, all carefully refinished and repaired as needed. If you can now see the details in the carving of the lectern and pulpit, it's because they were lovingly cleaned, stained and poly-coated. Once dull, the Altar now glows after loving cleaning and a new coating.

Extras for free: Refinished the bench under the altar, the historical stool found in the choir area, the cupboard in the columbarium area with ornate doors, the piano stool, and the end table which also had its faux alligator skin removed.



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Finishing touches: The marble font, repaired and polished, the lettering repainted, is now ready for use. Odd holes in the floor were replaced with wood. As the smells of paint, stain and polyurethane fade away, we hope the work will be appreciated, but not really noticed, that the Little Church will retain its character as a place of worship from long ago to the now we live in…and beyond.

We saved an eclectic collection of original square nails, pew baseboard pieces and other odd pieces of wood. Our hope is to create an "art work" showing Little Church history. Do you have a suggestion?

Tools, labor and materials: All tools and their use were donated for our use by parishioners and the labor was lovingly donated as well. Jim Cunningham provided major knowhow and many tools as well in the process. Materials were charged to the Little Church Project. Cushion cleaning was paid for by donation.

Sylvia Ma kept us in-focus, on-schedule and on-task so that we finished on time, and under budget!

Next Project: Painting the Little Church, by professionals, while we all watch – whew!

Thank you to all our helpers:!!!!
If we missed you, please accept our apologies.

Sylvia Ma
Jim Cunningham
Bob Doherty
Walter Wodka
Lyn Wodka
Dave Nelsen
Marcus Pun
Bruce Roberts
Tom Blalock
Laura Winter
Meg Amouroux
John Amouroux
Sally Morgan
Cathy Knotts
Ruth Poole
Sally Morgan
Cathy Knotts
Gregg Feeney
Ken Trant
Don Rose
Bob Bynum
Greg Miller
Jan Brandt
Gregg Feeney
Ken Trant
Don Rose
Bob Bynum
Greg Miller

Love to All from the Little Church Restoration Team,

Bruce Roberts

Many Thanks!

Thank you so much to the St. James family for your generous wedding gifts and cards! We are both appreciative and overwhelmed!

It is a blessing to be able to work at such a warm and welcoming church as St. James. Thank you for all you do!

Love always,

Jennifer and Mich Ravera

Book Club @StJ

The Book Club meets the first Sunday of each month, 9:15-10am in the Education Room. We are on break until October, when we will share what we've read over the summer. Please contact Janet Fischer with any questions:jfischer@saintj.com.

Janet Fischer

Parish Pantry

By Richard Reynolds

Let There Be Cake

Once upon a time, there was cake, the quintessential centerpiece for any special event, a birthday, a wedding, an anniversary and just because. It was an indulgence, rich with butter, eggs and expensive flavorings. But once upon a time, there was a home maker or household servant who had the skill passed down from an experienced mentor along with the necessary time.

When Betty Crocker came into the kitchen, the decline of this so very special culinary joy was inevitable. Fabricated to make cake "fool proof" and designed for cost, the result is the nondescript, characterless, fat filled and sugary mouthful that is best left on the plate. Especially given the potential dietary health concerns, a taste of cake must justify itself, and be a truly occasional indulgence. When artfully accomplished, your palette will be embraced with silken richness, as flavors of vanilla, chocolate, coffee or toothsome fruit bring waves of satisfaction.

As part of my classes when I was a Wilton Decorating instructor, I tried very hard to encourage my students to reconsider the cake and make the effort to learn the techniques and recipes to make it a worthy special occasion gift for family and friends. In this month's *Pantry* I will give you some tips on the techniques necessary for success. For the recipes I heartily recommend *America's Test Kitchen.* They have several cookbooks that address everything from the most basic, to very worthy special occasion cake. I have an online subscription to their web site that gives me access to hundreds of recipes I often rely on for everything from barbecue to muffins. But if you really want to have a text to school you in this subject, I recommend *The Cake Bible*, by Rose Levy Beranbaum. Amazon should be a reliable source for this but check out Half-Price Books at the Hub for a used copy

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Now let's address some things you can do that may improve your baking efforts, regardless of your skill level. Let's address the necessary preparations of the cake pan. Use the size and shape pan recommended in the recipe, otherwise you are courting potential disaster. Cake making is chemistry, and every issue from ingredient to container has to be calculated to achieve the desired end result. Betty Crocker and her fellow cake villain, Duncan Hines, will usually give you advice about types of cake pan and relevant oven timing to succeed. Without this help, or a serious understanding of food science, beware of making changes to pan size and ingredient.

Prepare your cake pans, unless otherwise instructed, by greasing them in Crisco (not butter) and then dusting them with flour, being sure to knock out any excess. Then put a circle of parchment or wax paper, carefully cut to fit **exactly** onto the bottom of the cake pan. You do not want any of the circle to scrunch up onto the side of the pan.

Always have the oven preheating to the specified baking temperature while doing your pan and ingredient preparation. I always cautioned my students not to take the oven preheat "signal" as proof of achieving an adequate preheating for baking my cakes. While the built-in thermostat will signal that the air temperature has reached the desired 350°, when you open the oven door to put in the cake pans, all that nice hot air falls out on your shoes, leaving the cakes to wait while the oven struggles to reheat the air to the proper baking temperature. The result is a mediocre cake rise.

If you set your oven first thing when you are assembling the necessary pans, utensils and ingredients, it will have easily thirty or more minutes to heat not only air, but oven racks and oven walls so that when you open the door and put in the cake, all these now hot metal surfaces help the oven to recover the necessary baking temperature in far less time. This will result in a better rise.

Now speaking of rise, what about those dome top cakes that keep coming out of your oven? They are the result of the rapid penetration of oven heat into the cake pan, compelling the cake leavening to push up the batter. However, the batter nearest the pan

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edge, will set before the batter in the center of the pan, resulting in a domed cake.

How do I prevent this? A better cake pan. It should be made of **heavy** gauge (thick), matte finished, aluminum. The aluminum should be light in color, like the underside of the foil you always use, to properly absorb the oven heat properly. Do not use those dark metal pans that will produce cakes with hard crusts, instead of the tender crumb that is desirable. As for the ingredients, have them at room temperature unless the recipe specifies otherwise. Measure carefully. Unlike savory cooking, baking requires precise measurement. For dry ingredients, dip and sweep across the top of the measure. For liquid, use a measuring cup designed for liquids. They typically have a spout, and the measure line is always about half an inch or so, below the spout. For small measures of liquids, I have a "shot glass" size measure that is marked for teaspoons, tablespoons and ounces. This works better than trying to use a dry measure spoon for the vanilla and having half of it spill out on the counter.

Beware of making ingredient substitutions. If you have a cookbook, there is usually information on safe substitutions, or lookup ingredient substitutions on the web. Also, doubling a recipe can be very dangerous. The leavening ingredients cannot be proportionately increased like most other ingredients. There is a formulation for this, Rose Beranbaum addresses this issue. Otherwise I recommend that if you want to make twice as much batter so you can have four layers of cake, or two, two-layer cakes, make the recipe **TWICE**.

Finally, if you need to prepare the cake a day or two before the event, freezing it unfrosted is best. Allow the baked cake layers of completely cool. Note unless otherwise instructed, always get the cakes out of the pans ten minutes after taking them out of the oven. Invert them onto a cooling rack and pull off the parchment paper. Once the cake is completely cool, wrap in plastic wrap, and then wrap again in foil. Do not keep a frozen cake more than thirty days. To defrost, unwrap the layers as soon as you remove them and let them defrost on the counter. Now properly **CELEBRATE AN OCCASION!**

June Financials

Fund Balances	**6/30/2018**	**6/30/2019**
Operating Fund	$ 73,018.77	$ 55,355.93
Building Fund	$ 49,412.89	$ 61,296.99
Pledges Budgeted	$ 162,582.00	$ 167,700.51
Pledges Paid	$ 175,022.84	$ 162,541.70
Unpledged Contributions	$ 1,819.00	$ 3,596.30
Other Op Income	$ 9,886.45	$ 10,071.70
Total Operating Income	$ 186,728.29	$ 176,209.70
Total Operating Expenses	$ 163,301.04	$ 172,482.01
Income Less Expenses	$ 23,427.25	$ 3,727.69

Sitting Meditation or Silent Prayer

Wednesday evenings
6:00-6:25 pm
in the Main Church
Bell for silence sounds
promptly at 6.
Everyone is welcome

Corazon Update

Dear people of St James': Do you remember the Lego house in the Parish Hall last month? It was a symbol of what could be done with money you most generously offered. This is the result:

Seven St. James's members: Ken Trant, Gregory and Elaine Miller, Evelyn Martinez, Victor, Missy, Gabriella, and Mateo Bontempo traveled from Newark and Fremont on Friday, May 31 to San Diego/Chula Vista to join our fellow South Alameda Deanery participants for the Corazon House Build in Tijuana, MX on June 1. There were a total of 66 volunteers from five of the six Episcopal churches in our Deanery, including a group of engineering students from University of California Riverside. Two rectors flew with their families for this event.

Our journey began by joining the group at All Souls Episcopal Church for our Friday meal in San Diego. Thereafter, we were all treated to a wonderful free concert by the New City Sinfonia's program, especially hearing the 14 year old Music Teachers Competition Winner Dasha Zerboni as violin soloist violinist.

From boarding the bus to arriving our destination in Tijuana Mexico, all sixty willing, enthusiastic volunteers of all ages, ranging from 7 years to 86 years old, tackled the challenge to build this home on a hill for a family of six. From painting, framing, carrying materials in a fire-brigade-style and finishing, we all chipped in the labor to build this home in one day.

Notes from Greg:
Helping others makes me "tick"! The Corazon build was a wonderful experience [that I hope to repeat]! Working with a group of enthusiastic, 'willing-to-work', people was just plain FUN! And the gratification building more than a house, but seeing the keys turned over for a home, was a great and beautiful thing!

Thoughts from Ken:
The first thing to know about my Corazon experience is that it was amazing, but I'll get to the amazing stuff in a minute.

The second thing to know is that before going I was worried that I'd be a fifth wheel during the build. I'm not a carpenter, I push a keyboard for a living, and I haven't really done anything like this since high school woodshop, so helping to build a house seemed like a big first step. But at the end of the day I was worried for no reason. The folks that put these projects together have so much experience that even with a large group of newbies like me it was all smooth sailing.

I'm not saying there weren't snags along the way, like cutting the wrong piece of lumber or having to repaint using the 'right' color, but they handled everything without a problem. To be honest, I've seen more confusion during campus cleanup (don't take this comment as a reason to not to show up for campus clean-up).

Now the amazing part. Helping build a house so a family could have their first home was amazing!! Meeting all these great people, some local, some in our church group and many others who do this 40-60 times a year, amazing!

However, as much effort as I put into it, what we were given to do was really not that hard considering we were building a house, someone's home. I feel like I got a lot more out of this experience than I put in. I really felt fulfilled and overjoyed when they handed the keys to the family we were building for, a multi-generational family of 8. Imagine that feeling when you give the gift to someone that they could only dream of having, without any need or expectation of reward, it is amazing. So amazing you want to do it again.

I hope St. James will continue participating in this for many years to come and that I have more opportunities to experience that feeling again. I would encourage people to become involved, it is an experience you will never forget.

Thank you all for your contribution of time, talent and treasure! St James' intends to participate again next year, and it would be wonderful to have more people from help build the home. Keep watch for more information next Spring.

Evelyn Martinez & Elaine Miller

Photos of Corazon Build in June

Some Little Church Volunteers

Tools, labor and materials:

All tools and their use were donated for our use by parishioners and the labor was lovingly donated as well. Jim Cunningham provided major knowhow and many tools as well in the process. Materials were charged to the Little Church Project. Cushion cleaning was paid for by donation.

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Next Project:

Painting the Little Church, by professionals, while we all watch – whew!

Bruce Roberts

St. James' Prayer List

Most Holy God we pray for:

Those In The Military: Jarrod, Megan, Erica, Theresa, Mark, Tim, Louis, Caitlin, Emily, Robin, Adam, Dave, Shawn, Ethan, Paul, Matthew, Johnny.

Those Who Need Guidance and Direction: Kenny, Janet, Don.

Those Who Need Comfort and Healing: Ron, Julie, Gail, Bob, Craig, Marcia, Diane, Barry, Nathan, Butch, Alyssa, Ellison, Peter, Kevin, Ron, Jim Janie, Omar, Marti, Ken Sr., Bruce, Gary, Kathy and family, Rob, Marcia., Kelly, Mark, Madelyn.

Those Who are Expecting Children: Esther and Peter.

Those Who Have Passed Away:

To add someone to the "Special Prayers" list, please complete a pew card and place it in the offering plate OR call / email the Church Office. After six weeks, names are removed from the list. Please renew your request as needed.

Thank you

The next issue of ***The Window*** is in September.

We welcome your **comments, essays, poems, photos, cartoons, newsworthy items, any group activity information and your reviews**.

Email your submission to newsletter@saintj.com by: **Augst 15th**

August Birthdays

01 Janice Daniel
02 Ralph Locher
04 Adam Locher
Griselda Prather
06 Shalini Singh
09 Sylvia Wessel
10 Joey Carini
18 Becky Whitaker
20 Ella Rodarte
21 Vivienne Paratore
23 Monique Manjarrex
26 Paul Cudlip
Joseph Jones
Ken Trant Jr.
Rachel Whitaker
27 Barbara Johnsen
Bobbie Tomkinson
Steve Vacchieri
29 Dave Nelsen
30 Anthony Prickett
31 Getzial Wesley

August Anniversaries

06 Jan & Mike Scrutton
08 Judy Gough & Ella Lentz

Please note: If your birth month or anniversary is in this month and your name(s) is not listed or the information is incorrect, please email the appropriate information to admin@saintj.com

SAINT JAMES' EPISCOPAL CHURCH

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Tel: (510) 797-1492

WORSHIP TIMES

SUNDAY SERVICES: 8:00AM & 10:30AM
CONTEMPLATIVE PRACTICES: SUNDAY 9:30-10:00AM
SUNDAY SCHOOL 10:15AM
WEDNESDAY EUCHARIST 10:00AM

OFFICE HOURS

MONDAY THROUGH THURSDAY: 9:00AM-1:00PM

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Janet Fischer
Ralph Locher
Katie Porter
Penny Trant
Laura Winter

Other Important Coordinators

Eucharistic Ministers & Lectors
George Siegmann

Eucharistic Visitors: The Rev. Anna Horen

Altar Guild: Katie Cunningham

Ushers: Burtin Hart

Facilities:…..facilities@saintj.com

Convention Delegates

John Amouroux
Meg Amouroux
Jim McConnell
Ken Trant
Scott Whitaker

Alternates to Convention

Penny Trant
Elaine Vallecillo-Miller